

Oshima's English Ski Lessons *(Personalized, One-on-One Private Ski Lessons)*

20260221

【Instructor】 : Keitaro Oshima

- SAJ Licensed Full Ski Instructor, B-class Examiner, Graduate of Tokyo Univ.
- National Government Licensed Guide Interpreter
- Former Director of the London Office, Japan National Tourism Organization
- I am a qualified ski instructor offering English-speaking ski lessons at “SNOVA”.
- With extensive experience, I **tailor each lesson** to your needs, **effectively conveying the essence of skiing through clear explanation and hands-on guidance.**
- I provide lessons for **all levels, from absolute beginners** to advanced skiers.
- **Lesson Fee:** from ¥5,000 per hour.



【For details & contact information】 → <http://englishskilesson.com>
Email: oshimalesson@gmail.com



【Reviews from clients of Oshima's lessons】

“He is an amazing teacher. One of the best teachers I have had in my life”

“He is very good at what he does and is a great instructor.”

“Mr.Oshima's lessons were amazing. He helped my daughter gain confidence in just three lessons and ski independently with basic posture.“

“He is a very great teacher. He pointed every detail in his lesson and answer my question clearly.”

“I really enjoy taking lessons with Oshima-sensei. He teaches very clearly, always giving precise instructions along with immediate suggestions whenever he notices any issues in my skiing technique. I also appreciate that he can communicate very well in English, which makes the lessons easy to follow and very effective. I would definitely like to continue learning with him.”

"After 12 hours (6 lessons) with Oshima sensei, I almost can make parallel turns. I feel very very happy. Sensei has very good technique to teach. Thank you.”

“SNOVA” : an ideal slope for first-time skiers !!

- **Year-around Indoor skiing slope:**
Maintaining a perfect -3C environment all the year.
- **Travel Light:**
No need to bring heavy gear. Full rentals for skis, boots, poles, and even snow wear are available.
- **Easy Access:**
Conveniently located 60 minutes from central Tokyo.
Reach us easily by train and bus.
- **Perfect for Practice:**
60m slope with a 10-14 degree gradient is ideal for beginners and pros.
- **After-Work Sessions:-**
Open late on weekdays-perfect for a session after work..

Recommended Lesson Courses for Frist-time skiers

- **2-hour lesson package: ¥10,000 per person**
- **Lesson content:**
 - Explanation of ski equipment and how to handle it (putting on and taking off skis, and how to carry them etc.)
 - Moving on snow (walking, changing direction, climbing gentle slopes)
 - Sliding straight downhill and stopping in the snowplow position
 - How to stand up safely after a fall
 - Continuous snowplow turns from the top of the slope (only if appropriate for your level)
 - Feedback and commentary based on video recording